



# *Insight into the Voice Hearing Experience: Voices, Visions & 'Extreme States'*

*With Jenna Rai Miller, LPC*

**\$75/person**  
**6 CEUs - CCB**  
**(NASW pending)**  
**Lunch Included**

**Tuesday, January 23, 2018**

**9:30 am to 4:30 pm**

**Saugatuck Congregational Church ~ Hoskins Hall**  
**245 Post Road East, Westport, CT**

*A rare opportunity to work with a trainer with both personal and professional experience, awareness and skills in the understanding of the voice hearing experience.*

#### **Learning Outcomes:**

- ◆ Enhanced confidence, responsiveness and awareness for supporting persons with the 'voice hearing' experience.
- ◆ Greater understanding of how trauma and abuse can manifest into the 'voice hearing' and dissociative experiences.
- ◆ Knowledge to help persons reclaim ownership of their trauma and abuse experiences and work towards recovery.

*Suitable for anyone wishing to understand more about the 'voice hearing' experience and its relationship to trauma and dissociation.*

**Jenna Rai Miller, RSS, LPC**, a professional trainer and speaker, has served as the Program Director for CT Hearing Voices Network by Advocacy Unlimited, Inc. Jenna was the recipient of 2 Intervoice awards at the 9th Annual World Hearing Voices Congress held August 16-18, 2017 in Boston, MA. Winner of the Hearing Voices Network Award for her dedication and commitment to the development of Hearing Voices Groups within the state of Connecticut, which now has 21 thriving groups and a state-wide phone-in group. Special Mention for Inspirational Person Award for the way in which she has inspired others through the use of her experiences, poetry and presence. As a Licensed Professional Counselor, Jenna Rai partners with others on their personal journey towards greater connection and liberation; specializing in trauma, voice hearing experiences and dissociation. She leaves an inspirational imprint on lives of all persons she connects with as an educator, speaker, mental health advocate, facilitator of 6 Hearing Voices Network Support Groups weekly. Jenna is the author of the book, *Brilliant Diamond: A Triumphant Journey from Multiplicity to Oneness* and numerous articles regarding her personal healing journey.

*Touching people's lives in a profound and meaningful way through connection is my passion...*

**Sponsored by: Southwest Regional Mental Health Board ([www.HealthyMindsCT.org](http://www.HealthyMindsCT.org))**

**Registration form on reverse**



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*Jenna Rai Miller, LPC*

Tuesday, January 23<sup>rd</sup>, 2018, 9:30-4:30  
Saugatuck Congregational Church, 245 Post Road East, Westport, CT  
(Snow date: Tuesday, January 30<sup>th</sup>)

## Registration Form

**18 Seats Available** *(course fills up quickly)*

### To register:

*Please fill out form below and return with \$75 check payable to SWRMHB. Mail to:*

**Southwest Regional Mental Health Board  
1 Park Street, Norwalk, CT 06851**

Name: \_\_\_\_\_

Organization (if applicable): \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Phone #1: \_\_\_\_\_ E-mail: \_\_\_\_\_

Continuing Ed needed? Yes / No If yes, what is your licensure? \_\_\_\_\_

- 18 Seats Available, first come first served.
- Your registration will be confirmed by email when your check has been received.
- Limited Financial Hardship Seats available: Please contact Margaret Watt at mwatt@healthymindsct.org for consideration.

*This program has been approved for 6 Education Units by the Connecticut Certification Board (CCB).  
6 CE units have been requested from National Association of Social Workers, CT.*